

PSHE - Autumn 2 - Celebrating differences

Lesson Sequence



Key Vocabulary

Character
Assumption
Judgement
Surprised
Different
Appearance
Accept



Calm me - Mindfulness

The Jigsaw Chime will sound and invite everyone to listen very intently until they can no longer hear the sound.

Everyone must close their eyes and then the chime will sound again. This time when the sound has faded everyone must think about being calm and the lesson that was taught previously.

You need to think of these images for a little while keeping the ideas in your heads, and the chime will sound again.

As the sound fades away everyone needs to open their eyes and bring their attention back to the room.

Social and emotional development

I try to accept people for who they are
I can question why I think what I do
about other people

I know how it might feel to be a witness
to and a target of bullying
I can problem-solve a bullying situation
with others

I like and respect the unique features of
my physical appearance

I can explain why it is good to accept
people for who they are

