



Who do we look to for inspiration? Buddha Dhamma and the Humanist worldview



Lesson sequence

- LF: the word 'inspiration/inspirational' means
- LF: I wonder what the different humanist beliefs.
- LF: I wonder what people that follow Buddha Dhamma look to their religious leaders and founders for inspiration and use their teachings as the basis on which to lead their lives.
- LF: I wonder what Humanists believe in Science and are inspired by those who have made a good contribution to society.
- LF: I wonder what some famous humanists and why they are remembered.
- LF: I wonder what how Buddha Dhamma and the Humanist worldview can be compared and contrasted.

Prior Knowledge

- To know what makes up a world view and their own world view.
- To know the characteristics and beliefs of Humanism.
- To know the thoughts and beliefs of well-known humanists.
- To link own ideas about how to lead a good life to what we have learnt about Christianity and Buddha Dhamma and how prayer and meditation can bring you closer to God in different ways.
- To reflect on the different ways religious people believe you can worship God.
- To find out about the commitment of doing good deeds with relation to Buddha Dhamma

Sticky learning

New Knowledge

- To know what the word 'inspiration/inspirational' means
- To know what qualities makes someone inspirational.
- To know how Buddha Dhamma and Humanism can be compared and contrasted.
- To know if people that follow Buddha Dhamma pray to a God
- To know that people that follow Buddha Dhamma look to their religious leaders and founders for inspiration and use their teachings as the basis on which to lead their lives.
- To know that Humanists believe in Science and are inspired by those who have made a good contribution to society.
- To know about some famous Humanists and why they are remembered.
- To know if these famous people have identified themselves as Humanists or if history has put them in to this belief group.
- To know why some people are inspirational to Humanists.

New Skills

I can describe and explain different ideas about God with reference to two religions or one religion and a non-religious worldview

A. Beliefs teachings and sources of wisdom		D. Identity, diversity and belonging Places, communities, rites of passage	
B. Practices and ways of life Celebrations, prayer, worship and reflection		E. Meaning, purpose and truth Reflection and appreciation Ultimate questions	
C. Forms of expressing meaning language and symbolism		F. Human responsibility and values	

Key vocabulary	Definition
Humanist	Someone who believes in the Humanism worldview
Secular	Not connected with religious matters
Inspirational	Making you feel full of hope or encouraged
Rationality	Thinking about things clearly, in a logical way, with decisions
Buddhist	Someone who follows the faith of Buddhism
Enlightenment	A translucent awakening to ultimate truth and suspension of a
Nirvana	An eternal state of nothingness and the permanent release from obtained through achieving enlightenment
Merit	Good deeds performed to outweigh bad deeds

