



Invasion and team games (football)

Lesson sequence

- Refine dribbling and passing to maintain possession
- Introduce and develop defending
- Develop shooting
- Refine attacking skills, passing, dribbling and shooting, introduce officiating
- 2/2 - 3/3 scenarios
- Match play

Concept Links/Prior Knowledge

- YR3 Football · Introduce/develop dribbling keeping control · Introduce passing and receiving · Combine dribbling and passing to create space · Develop passing, receiving and dribbling
- YR4 Football · Refine dribbling · Turning · Refine passing and receiving · Develop passing and dribbling creating space · Introduce shooting

Sticky learning

New Knowledge

- To know how to apply and select skills to meet a purpose.
- To know how to place the ball in a given space.
- To know how to put pressure on the opposing team.
- To know how to make decisions about an action[s].
- To know how to work as a member of a team.
- To know how to move the ball quicker.
- To know how to develop the accuracy of a pass under pressure.
- To know how to be able to anticipate a pass.
- To know where an opponent is moving to make decisions about an action[s].
- Know positions in invasion games
- Know techniques for different types of pass
- Know basic defending techniques

New Skills

- To develop an understanding and knowledge of rules and apply them consistently.
- To use attacking and defensive strategies to overcome opponents.
- To develop different ways to pass including disguised passes to trick opponents.
- To understand the importance and how to 'get free' in order to receive a pass by changing speed and/or direction.
- To be able to demonstrate a range of defending skills and understand how to mark an opponent "goal side".
- To understand the key positions in team games and their roles and responsibilities.

Visual representations



Vocabulary revision

Tactics: Tactics are a carefully planned set of actions that are used by a team or an individual to attain a certain goal.

Pressure: Pressure is the term used to immediately try to gain possession of the ball back. Rather than leaving the ball alone, teams or an individual can apply pressure in an attempt to regain possession.

Tackle: Is a method of defending in football. The main objective of tackling is to dispossess an opponent of the ball. A missed timed tackle could result in a foul being awarded.

Marking: Marking is when the attacking player has received the ball and you are making it difficult for them to pass the ball on by restricting their options.

New vocabulary I will learn

Shadowing: Shadowing is when the defending player keeps their eyes on the ball and mirrors the attackers movements. This technique is used to apply pressure to the attacker in an attempt for them to lose possession of the ball.

Tracking Back: Is a term used when a player loses possession of the ball and then follows back an opponent and tries to tackle them, or to stop them from getting the ball.

Rules

- A penalty is awarded if a defender or goalkeeper commits a foul on an attacker inside the area marked out around the goal. This includes a defender touching the ball with their hand inside the area.
- A goal is awarded if the whole of the ball crosses the line between the goal posts/cones. The opposing team restart with possession from the middle of the pitch after a goal is scored.
- If the ball goes off the side of the pitch the game is restarted with a throw-in. If the ball goes off behind the goal the game is restarted with a corner or a goal kick.
- A free kick is awarded if a player commits a foul, including handball. The free kick is taken from where the offence was committed. The defending team must remain five steps away until the free kick is taken.
- The goalkeeper can only use their hands inside the area. If the goalkeeper uses their hands outside the area a free kick is awarded. If the goalkeeper fouls an attacker inside the area a penalty is awarded.