

Rounders



Lesson sequence

1 Introduction to rounders

2 Introduce overarm throwing

3 Applying overarm and underarm throwing

4 Introduce stopping the ball

5 Application of stopping the ball in a game

6 Tournament

Sticky learning

New Knowledge

- To know how to send the ball in a particular direction
- To know the direction, the feet are moving to send the ball over a long distance
- To know which type of throw to use
- To know how to aim towards a given target.
- To know where to move in order to receive a pass.
- To know how to hit a ball with accuracy
- Know basic fielding stance

New Skills

- Spatial awareness of themselves, own team and opposition when playing team games.
- Understand passing techniques over short and longer distances, with a focus of transfer of weight.
- Receiving balls along the ground and in the air.
- Understand the difference in technique between catching high and low balls

Concept Links/Prior Knowledge

Reception: To know how to aim towards a given target. To know how to transfer our weight when sending a ball. To know and understand where our 'throwing hand' finishes.

Year 1: To know how to strike a ball. Know and explain techniques for catching and throwing. To know how to strike the ball towards a given target. To know how to strike the ball for a purpose [passing to a team member/shooting at goal].

Year 2: To know how to make a choice on the type of throw. To know how to throw the ball using different speeds. To know how to think how we can improve the accuracy of our throws. To know how to work as a team to field the ball safely.

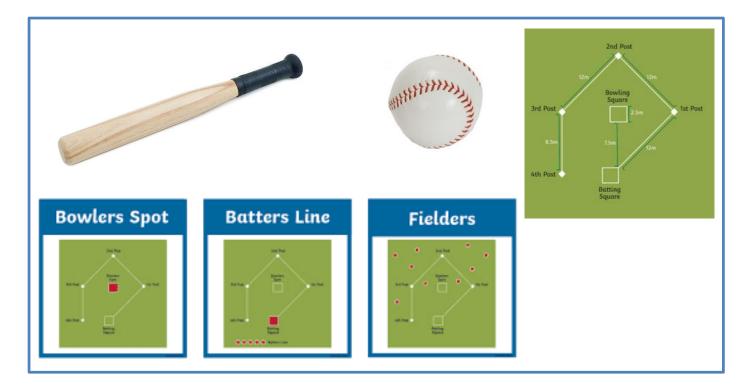
Vocabulary revision (vocabulary I have been taught before)

Throwing: Means using your arm/hand to propel a ball with force through the air to a specific target or area.

Batting: Batting is the skill of hitting a ball with a bat into a space to score runs. The aim of the game for the batter (attacking team) is to score as many rounders as possible.







Health and Safety:

Check the area/field for any hazards before beginning the lesson.

Ensure all equipment used is child safe and age appropriate.

Make sure that all children are appropriately dressed and have the correct footwear/no jewellery.

Follow school's risk assessment at all times when teaching PE.

New vocabulary I will learn

Fielder: A fielder is a defensive position that is occupied while the other team are batting. The aim of the fielding team (defending team) is to prevent the batter from scoring a rounder.

Base/ Posts: There are four bases/ posts that are used to mark out the pitch. There are positioned on the outside of the bowling square in a diamond shape.

Rounder: Is the method of scoring used in rounders. If the batter successfully runs around the outside of the bases and reaches the 4th base before the ball, the batting team scores one rounder.

The Long Barrier: Is a fielding method used by a fielder to prevent the ball going past them. This involves the fielder stopping the ball with their hands, by positioning their body in line with the ball just in case they muss the ball with their hands.