

Is it important to have a day that is different to other days? (Judaism and Christianity)



Concept Links/Prior Knowledge

Why is Shabbat important to Jewish children?

How does it feel to share special food together?

How is Shabbat celebrated?

To think from another person's perspective

Explore special celebrations in Judaism

Talk about how we show care and respect for others

How do we spend time together as a family?

Shabbat

Shabbat is the Sabbath day, the holy day for Jews. They celebrate it by resting on the 7th day of the week. On this day the Jews celebrate the creation of the world when God made the world in 6 days and rested on the 7th day.

Some people call it 'the day of delight' and have a special meal with candles and special food. Why is it good to take time to rest? How do you rest?





