

PSHE Autumn 1

Being Me in My World

Year 2

### Lesson Sequence

1. Creating our class charter
2. Belonging and feeling safe
3. Managing my worries
4. Gifts of gratitude
5. Right and wrong
6. Working with others

### Key Vocabulary

Worries, Hopes, Fears, Belonging, Rights, Responsibilities, Responsible, Actions, Praise, Reward, Consequence, Positive, Negative, Choices, Co-operate, Learning Charter, Problem-Solving

### Questions to ask

- What are you looking forward to this year?
- Are you worried about anything that might happen this year?
- Can you tell me some good (positive) choices a person can make in school?
- How do you show you are a good listener?
- What do you do to get on with other children?
- If you're worried about something, who can you ask for help in school and at home?
- How does your teacher reward/praise children who make positive/helpful choices?
- What are the Jigsaw Friends in your class called? How are the Jigsaw Friends used in your Jigsaw lessons?
- Can you tell me about Calm Me time?



**Before Making a Choice,**  
Ask Yourself...



**Positive Affirmation:**  
*I can share my success with others.*