

PSHE - Autumn 1 – Being me

Lesson Sequence

1. Becoming a Class 'Team'
2. Being a school citizen
3. Rights, responsibilities and democracy
4. Rewards and consequences
5. Our learning charter
6. Owning our learning

Key Vocabulary

Included
Excluded
Welcome
Valued
Team
Charter
Responsibility
Democracy
Contribution



Prior Knowledge

Year 3 topic: 'Being me in my world' – setting targets for what the children want to achieve and developing the idea of 'dream' / 'nightmare' situations.

'Class Charter' understanding of how to act responsibly and sensibly.

Link with Ancient Egyptian topic them with jobs and responsibilities. Contrasting how the hierarchy was then and now.

Sticky learning

New Knowledge

I know my attitudes and actions make a difference to the class team.

I understand who is in my school community, the roles they play and how I fit in.

I understand how democracy works through the school council/in this school.

I understand that my actions affect myself and others

I understand how groups come together to make decisions

I understand how democracy and having a voice benefits the school community

I understand why our school community benefits from a Learning Charter and can help others to follow it

New Skills

I try to make people feel welcome and valued

I can take on a role in a group and contribute to the overall outcome

I can recognise my contribution to making a Learning Charter for the whole school

I can take on a role in a group and contribute to the overall outcome

Calm me – Mindfulness

The Jigsaw Chime will sound and invite everyone to listen very intently until they can no longer hear the sound.

Everyone must close their eyes and then the chime will sound again. This time when the sound has faded everyone must think about being calm and the lesson that was taught previously.

You need to think of these images for a little while keeping the ideas in your heads, and the chime will sound again.

As the sound fades away everyone needs to open their eyes and bring their attention back to the room.