

Football

Lesson sequence

- To practise dribbling around the space and keeping control of the ball.
- To develop the accuracy of a pass under pressure.
- To anticipate a pass to know where an opponent is moving
- To send the ball in a different direction to the direction the feet are moving to send the ball over a long distance.
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- To find ways of keeping possession of the ball in a team situation.

Concept Links/Prior Knowledge

- *Identify methods to keep possession of the ball in football*
- *To apply ABC (agility, balance and coordination) techniques when playing small sided games.*
- *To identify and apply ways to move the ball towards an opponent's goal through team positioning.*
- *To learn concepts of attack and defence and the objectives for people holding various positions which may be held.*
- *To play in a mini competition in football*
- *To keep points/scores and follow rules of a sport.*
- *To pass balls in various ways.*

Sticky learning

New Knowledge

- *To know how to apply and select skills to meet a purpose.*
- *To know how to place the ball in to a given space.*
- *To know how to put pressure on the opposing team [this might be through accurate passing*
- *To know how to move the ball quicker*
- *To know how to develop the accuracy of a pass under pressure*
- *To know how to find ways of keeping possession of the ball in a team situation.*
- *To know how to learn where there are spaces to move in to be balanced on receiving on the ball.*
- *To know how to send the ball in a different direction to the direction the feet are moving to send the ball over a long distance.*

New Skills

- *To perform dribbling skills with accuracy, confidence and control*
- *To perform passing skills with accuracy, confidence and control*
- *To develop a broader range of techniques for attacking and defending.*
- *Apply skills learnt (dribbling, passing, attacking and defending) to game situations*

Vocabulary revision (vocabulary I have been taught before)

- Control** **To know where the ball is going / has gone**
- Attack** **To go forward in an attempt to score.**
- Defend** **To resist an attack by preventing a scorer.**
- Pass** **To move the ball to another play via the foot.**
- Shoot** **Kick the ball towards the goal in an attempt to score**
- Kick** **Strike a ball, with force, using a player's foot.**
- Goalkeeper** **To prevent a goal (can use their hands within penalty box ONLY)**
- Score** **To get the ball in the oppositions goal.**
- Tackle** **Take the ball off an opponent**



Passing with inside of foot



Passing with outside of foot



Trapping the ball

Passing: using the inside of the foot to move the ball is the most accurate but can lack speed. Using the outside of the boot can create swerve but is not always accurate (and is the most difficult way to kick the ball).

Kicking the ball with the laces will pass the ball the quickest however may be difficult for a teammate to control.

Shooting: using the laces (see picture above). Leaning back with mean the ball is will travel in the air. A side foot will increase the accuracy of the ball going to a certain area.

Dribbling: head up, looking in the desired location. Using the inside and outside of the boot to keep the ball on the floor.

New vocabulary I will learn:

Power shots

Finesse shots

Rules

Game is started by a kick off in the centre of the pitch, on the referee's whistle.

The main game has 11 players on the pitch (consisting of goal keeper, defenders, midfielders and strikers)

A referee and 2 linesmen will officiate the game. If the ball is played outside of the pitch lines, then the possession is given to the opposing team either as a throw in, goal keepers kick (off the floor) or corner.

If a foul is committed a free kick or a penalty is issued (depending on the incident)

To score a goal, the ball must cross the opposition's goal line.

The team with the most goals at the end of the game will win the game.