

Team Games

Lesson sequence

- 1 . To know how to receive the ball in our hands.
- 2 . To know how to throw the ball using different speeds.
3. To know how to make a choice on the type of throw.
4. Use different sized balls to send and receive/pass, introducing a defender.
5. Apply simple techniques to strike a stationary and moving ball such as in cricket, tennis or rounders, including grip and stance.
6. To use ball skills in small sided invasion/team games.
7. Can lead their own warm up activities.

Concept Links/Prior Knowledge

- To increase awareness of boundaries
- Understand how to move away from opponents in different ways such as forward, sideways and backwards
- How changing directions and moving into space aids performance
- To know how to cooperate with others
- To know how to think creatively
- To know how plan and find solutions
- Know basic rules for invasion games
- Know why playing fairly is important

Sticky learning

New Knowledge

- To know how to throw a ball for a purpose.
- To know how to make a choice on the type of throw.
- To know how to throw the ball using different speeds.
- To know how to think how we can improve the accuracy of our throws.
- To know the adjustments needed when aiming towards a high target.
- To know where to move in order to receive a ball.
- Know how heart rate increases to deliver blood and oxygen to the working muscles.
- To know how to use our knowledge of jumping to receive a ball whilst off the ground.
- To know how to receive the ball in our hands.
- To know how to make judgements as to the direction of a ball.
- To know how to work as a team to field the ball safely.
- Know what makes a good captain.

New Skills

- To develop hand-eye/ foot eye coordination to control a ball.
- To catch a variety of objects such as bean bags and different sized balls using one and two hands.
- Develop bouncing and catching over a range of heights and distances.
- Compare underarm and overarm throwing techniques.
- To dribble a ball using hands and feet.
- Use different sized balls to send and receive/pass, introducing a defender.
- Understanding when to shoot or pass when participating in invasion games.
- Apply simple techniques to strike a stationary and moving ball such as in cricket, tennis or rounders, including grip and stance.
- To use ball skills in small sided invasion/team games.
- Can lead their own warm up activities.

More detailed knowledge and information

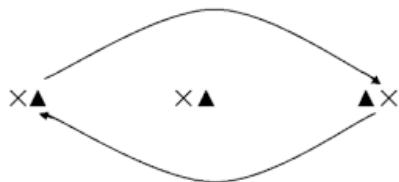
Throughout this topic, the children will be exposed to various team games such as rounders with a tennis bat, piggy in the middle and dodgeball. All of these games will work on their throwing and catching skills. The children will develop teamwork skills which will lead them to creating their own team games at the end of the topic.

The Rounders Pitch

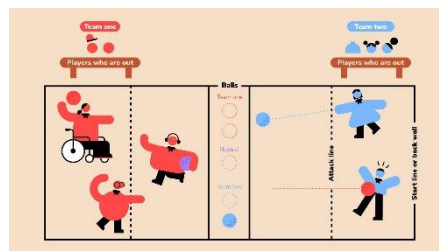


Visual representations

Piggy in the Middle



Dodgeball



New vocabulary that I will learn

- Balance
- Sequence
- Rolling
- Dribbling
- Sending
- Receiving
- Jumping
- Landing
- Circulation
- Leadership
- Positioning
- Hand-eye/ foot eye
- Receive/pass
- Defender
- Underarm and overarm throwing techniques
- Stamina

Safety/rules

- Wear the correct PE kits
- No jewellery
- Tie long hair up
- Wear the correct footwear
- Listen to the teacher
- Be a good team player and show good sportsmanship
- Have FUN!